

Restoring Hope / Maximizing Health

**METCALFE ST.
CHIROPRACTIC**
& WELLNESS CENTRE

164 Metcalfe St., Ottawa, Ontario K2P 1P2
T: 613-232-9222 www.metcalfestchiro.com

We are now booking **FREE Health Workshops for January & February 20 10!**

Who we are

Dr. Greg Payne & Dr. Derek Haughton, together offer almost 30 years of experience providing the most advanced Chiropractic Care available. They are also husbands, fathers, and volunteers in the Ottawa communities where they live. As members of "**CHIROPRACTORS WITH COMPASSION**", which partners with "**COMPASSION CANADA**", they raise funds for projects in countries around the world.

How we can help you and your business - **FREE Health Workshops**

Chiropractic care has been shown to:

- Decrease absenteeism due to illness and injury
- Increase the health, vitality, and morale of employees

The Doctors extend their passion for health education to the community by offering free onsite workshops. Empowering people with the understanding of how the body works increases awareness of the role of Chiropractic care in properly stewarding health.

The workshops can be tailored to between 30 and 90 minutes in length. If desired, nervous system scans and / or spinal screening can be provided onsite at no cost.

We welcome the opportunity to talk to your staff about the true meaning of health, the purpose of Chiropractic, as well as many other health topics.

We also provide:

- Compassion Passes (an \$85 value applied to an initial exam) for all attendees
- Materials germane to the topic presented
- If required, referrals to other "CHIROPRACTORS WITH COMPASSION" members in the Ottawa area, in Canada, or around the world

To book a **FREE Health Workshop**, for more information or to speak with us:

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Dr. Greg Payne, D.C. & Dr. Derek Haughton, B.A., D.C.

