

Introducing The Metcalfe St. Chiropractic & Wellness Centre

Dr. Greg Payne & Dr. Derek Haughton

At the Metcalfe St. Chiropractic & Wellness Centre we see the education and empowerment of the Public as being our first priority. The reality is that most people have never been taught how their body works and how to take care of it.

Our second priority is to raise awareness of the primary role the spine & nervous system play in the function and health of every part of the body. Chiropractic care plays an essential role in attaining and maintaining our optimal health potential.

The Doctors are spreading their message of health stewardship via radio every Saturday morning on CFRA's "**Ottawa Wellbeing Show**" and quarterly on "**Experts on Call**".

The Doctors also provide free spine and nerve system assessments regularly at shopping centres, community centres, local businesses and at other locations in the Ottawa area.

\$20 from every new patient assessed is donated to "**CHIROPRACTORS WITH COMPASSION**". Over \$1 Million between 2004 & 2008 was raised to finance projects around the world; 80 % of this money goes to sustainable projects such as creating sources of clean water in villages.

We offer a \$35 Compassion Health Pass to subscribers of the Ottawa Citizen during the month of September. Visit our Website or call our office and let us help you take the first step towards

Restoring Hope and Maximizing Health

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**METCALFE ST.
CHIROPRACTIC**
& WELLNESS CENTRE

